

### **FOOD ASSISTANCE PROGRAMS**

#### **SNAP (Supplemental Nutrition Assistance Program)**

The Supplemental Nutrition Assistance Program (SNAP) helps individuals and families buy food. If you are working but are still struggling financially to buy food and provide nutritious meals, you may be eligible for SNAP.

For information/locations contact: (401) 462-5300  
<http://www.dhs.ri.gov/Programs/SNAPEligibility.php>

#### **Eat Better Today – Univ. of RI SNAP Outreach Project**

The URI SNAP Outreach Project helps low-income individuals and families access the Supplemental Nutrition Assistance Program, SNAP. Outreach workers can answer questions about SNAP, help determine potential eligibility for SNAP benefits, and provide support with the application process.

For more information contact: (866) 306-0270  
<http://www.eatbettertoday.com/>

#### **WIC – Women, Infants & Children**

WIC's primary mission is safeguard the health of low-income women, infants, and children up to age 5 who are at nutrition risk. The program provides an array of support for families including breastfeeding support and promotion; referrals to needed medical and social services in the community; and assessment of client nutritional status.

3 Capitol Hill, Providence RI

Contact: (401) 222-5960

<http://www.health.ri.gov/programs/wic/>

#### **Free/Reduced School Meals**

Provides breakfast and lunch to low-income families with school aged children at no or reduced cost. Families receive an application at the beginning of the school year. A family can apply at any time during the school year if income changes.

200 Niantic Avenue, Providence RI

For more information contact: (401) 942-6325

#### **Food Pantries**

The Food Bank is a place where stocks of food, typically basic provisions and non-perishable items, are supplied free of charge to low-income families in need. There are a number of meal sites and food pantries around the entire state of Rhode Island.

For locations contact: (401) 942-6325 or dial 2-1-1  
<http://www.rifoodbank.org/>

#### **School Pantries**

School-based pantries are located on the grounds of the school to provide and easily accessible source of food assistance to low-income students and their families.

For locations contact: (401) 942-6325  
<http://rifoodbank.org/what-we-do/food-bank-programs/school-pantries/>

#### **Summer Food Drive**

Provides free lunch and sometimes breakfast to children in low-income communities. Meals are generally provided at a city site, such as a park.

To find meal sites in your community, dial: 2-1-1  
<http://rifoodbank.org/2238-2/>

#### **Kids Café**

To assist with dinner, Kids Café serves wholesome evening meals to children at risk of hunger.

To find meal sites: (401) 942-6325  
<http://rifoodbank.org/what-we-do/food-bank-programs/kids-cafe/>

