

FOOD ASSISTANCE PROGRAMS

Assistance SNAP (Supplemental Nutrition Assistance Program)

The Supplemental Nutrition Assistance Program (SNAP) provides a monthly benefit for the purchase of food items through an Electronic Benefits Transfer Card (EBT). The card is used at participating supermarkets and convenience stores. The monthly amount depends on income and family size.

For information/locations contact: (401) 462-5300
<http://www.dhs.ri.gov/FamilieswithChildren/FoodAssistance/tabid/824/Default.aspx>

Eat Better Today – Univ. of RI SNAP Outreach Project

The URI SNAP Outreach Project helps low-income individuals and families access the Supplemental Nutrition Assistance Program, SNAP. Outreach workers can answer questions about SNAP, help determine potential eligibility for SNAP benefits, and provide support with the application process.

For more information contact: (866) 306-0270
<http://www.eatbettertoday.com/>

WIC – Women, Infants & Children

WIC's primary mission, as an adjunct to good healthcare, is to provide education for optimal nutrition during critical stages of growth and development. The program provides an array of support for families including breastfeeding support and promotion; referrals to needed medical and social services in the community; and assessment of client nutritional status.

3 Capitol Hill, Providence RI

Contact: (401) 222-5960

<http://www.health.ri.gov/programs/wic/>

Free/Reduced School Meals

Provides breakfast and lunch to low-income families with school aged children at no or reduced cost. Families receive an application at the beginning of the school year. A family can apply at any time during the school year if income changes.

200 Niantic Avenue, Providence RI

For more information contact: (401) 942-6325 or call 2-1-1

Food Pantries

The Food Bank is a place where stocks of food, typically basic provisions and non-perishable items, are supplied free of charge to low-income families in need. There are a number of meal sites and food pantries around the entire state of Rhode Island.

For locations contact: (401) 942-6325 or dial 2-1-1
<http://www.rifoodbank.org/>

Summer Food Service Programs

Provides free lunch and sometimes breakfast to children in low-income communities. Meals are generally provided at a city site, such as a park.

To find meal sites in your community, dial: 2-1-1
<http://www.rifoodbank.org/NewsEvents/EventsPromotions/tabid/225/Default.aspx>

